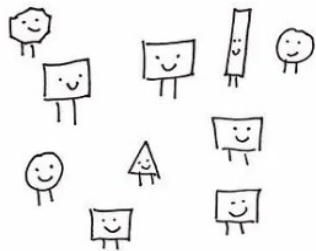



# WHAT IS NEURODIVERSITY?

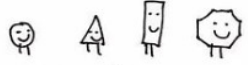
There are many ways individuals see, experience and process the world. When you are Neurodivergent you do not see, experience or process the world in a typical way. It enables you to be brilliant but can also make some things tricky. A Neurodiverse group is a mixture of Neurodivergent and Neurotypical people.

## AN INFOGRAPHIC TO EXPLAIN NEURO-DIVERGENT VS NEURODIVERSE



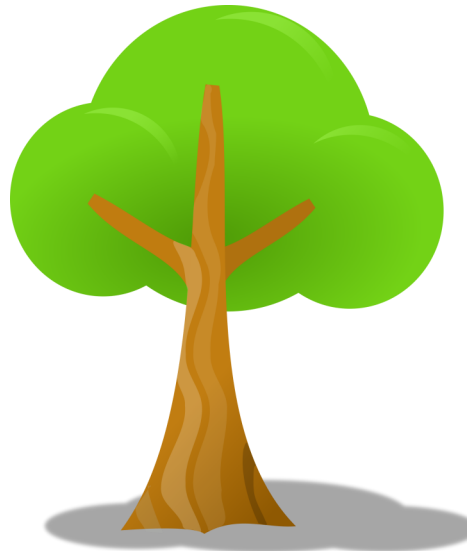
a diverse group of shapes.

But  is most common. They are typical.

 are divergent from the most common shape. They are divergent.

# WHY DO I NEED TO THINK ABOUT THIS?

If we give our children the right support they can grow to be the best they can be. If you are neurodivergent this support is even more important.



HELP  
NURTURE  
UNDERSTANDING FROM OTHERS  
UNDERSTANDING MYSELF  
SUPPORT TO LEARN



# What should I do next?

## TALK

To your family or friends

To the Management Team at School [wilkirknewton-ps@westlothian.org.uk](mailto:wilkirknewton-ps@westlothian.org.uk)

To The Group for Parents and Carers of children with Additional support needs

[Kirknewtonparentcouncil@gmail.com](mailto:Kirknewtonparentcouncil@gmail.com)

## WEB-LINKS

Here is a QR code that will take you to a SWAY with some useful websites and reading lists about neurodiversity.



## Agency Support

Information about the agencies who support neurodivergent learners.



**SOME NEURODIVERGENT NAMES YOU MIGHT KNOW ALREADY...**

<b>ADHD</b>	<b>Dyslexia</b>
<b>Autism</b>	<b>Speech &amp; Language Impairment</b>
<b>Developmental Language Disorder</b>	<b>Dyspraxia or Developmental Co-Ordination Disorder</b>
<b>Dyscalculia</b>	<b>Sensory Processing Differences</b>

**JUST A FEW TRAITS THAT MAY BE NEURODIVERGENT....**

- Loves a challenge that interests them. High energy.
- Creative. Problem solver. People person.
- Can become knowledgeable in area of interest. Can have extreme focus.
- Problem solver. Visual or tactile memory.
- Visual memory. Determined to communicate.
- Big Picture thinker and pattern spotter. Resourceful.
- Creative, problem solver, sometimes loves words.
- Deep thinker, who shows empathy and is creative.

**JUST A FEW THINGS THAT NEURODIVERGENT PEOPLE MAY NEED HELP WITH.....**

Can't focus on one thing. Keep changing interests. On the go all the time.	Literacy can be hard. Homework can be tough. Trying to read things is tricky.
I may cope all day at school and find it hard once I'm home. Social events can be too tough. Chatting about your stuff.	I might jumble my sentences. I can't find the word I want. I might get annoyed people don't understand me.
I might be confused when you talk to me. I find it hard speaking out. I lose my words.	I might find doing buttons or laces really tricky. Running, cycling etc is hard. Handwriting may be tricky.
I find maths tricky. I might struggle with money. I might get upset doing maths homework.	Things feel too scratchy, or bright, or loud. I may be a very fussy eater. Tiny bumps feel big.