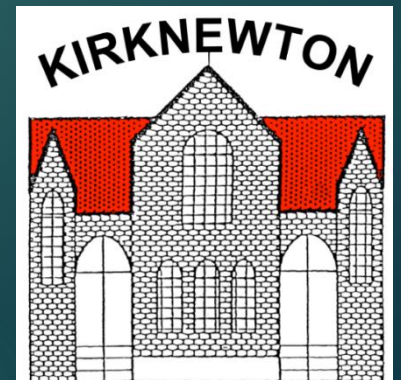


# Support and Strategies for developing Speech and Language and Phonological Awareness

KIRKNEWTON PRIMARY SCHOOL

APRIL 2020

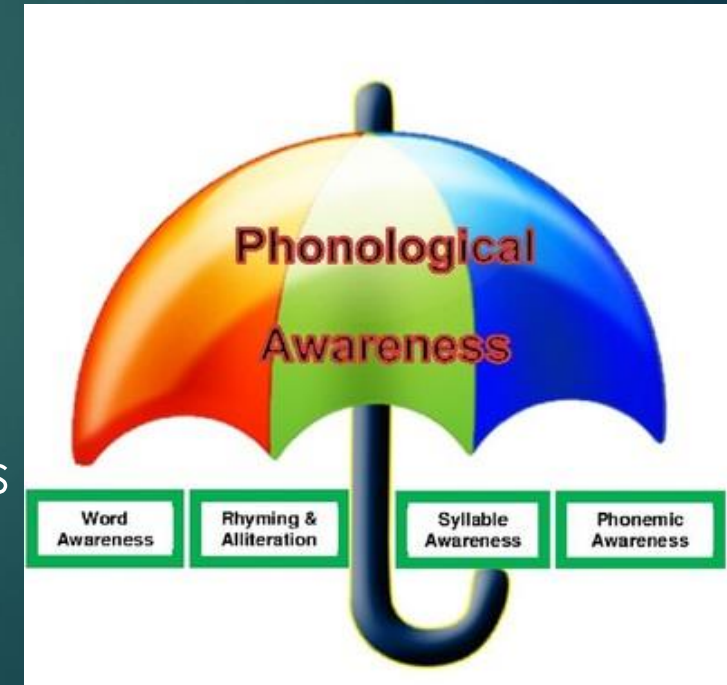


# What is **phonological awareness** and how does it aid my child's speech and language development?

Phonological awareness is a broad skill that includes being able to identify and manipulate or play with units of oral language.

Examples of manipulating parts of spoken language can include:

- being able to identify rhyming words;
- clapping out syllables in words;
- building up memory skills to repeat a sequence of spoken words



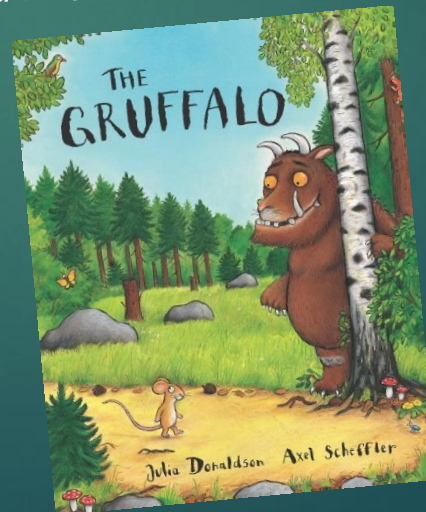
# Simple exercises to build your child's phonological awareness

One of the most simple and fun ways to build up your child's phonological awareness is to **engage in singing nursery rhymes together** and by reading or listening to rhyming stories.

After your child has confidently learned a simple nursery rhyme or phrase from a story, challenge them to complete the end of a rhyming sequence,

i.e. "Incy, wincy spider climbed up the water spout,  
Down came the rain and washed the spider \_\_\_\_\_"

<https://www.bbc.co.uk/cbeebies/games/mr-tumbles-rhyme-time>



"A gruffalo!  
Why didn't you know?  
He has terrible tusks and terrible  
claws,  
and terrible teeth in his terrible

"

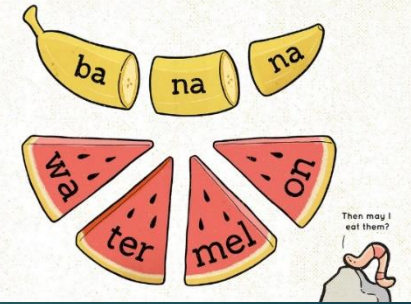
## Syllable Blending in Robot Talk

Play 'talking robots' with your child. Tell them: "I'm going to talk like a robot. See if you can put the words back together for me. We can do some together first to practise. Tay....ble (pause) table. Com...pu....ter (pause) computer. Bis....cit (pause) biscuit. Now you try!"

ro-bot



Count the syllables.



## Syllable Detection

Moving a counter, clapping or jumping to match each syllable heard in a word is a great way for your child to hear each individual vowel sound in a word.

### + Fun Ways to Count Syllables

#### The Jump Method

Get active! Count each syllable by jumping in place.



#### The Hum Method

Hum the word instead of saying the word. Count the number of hums.



#### The Clap Method

Say the word and clap the syllables.

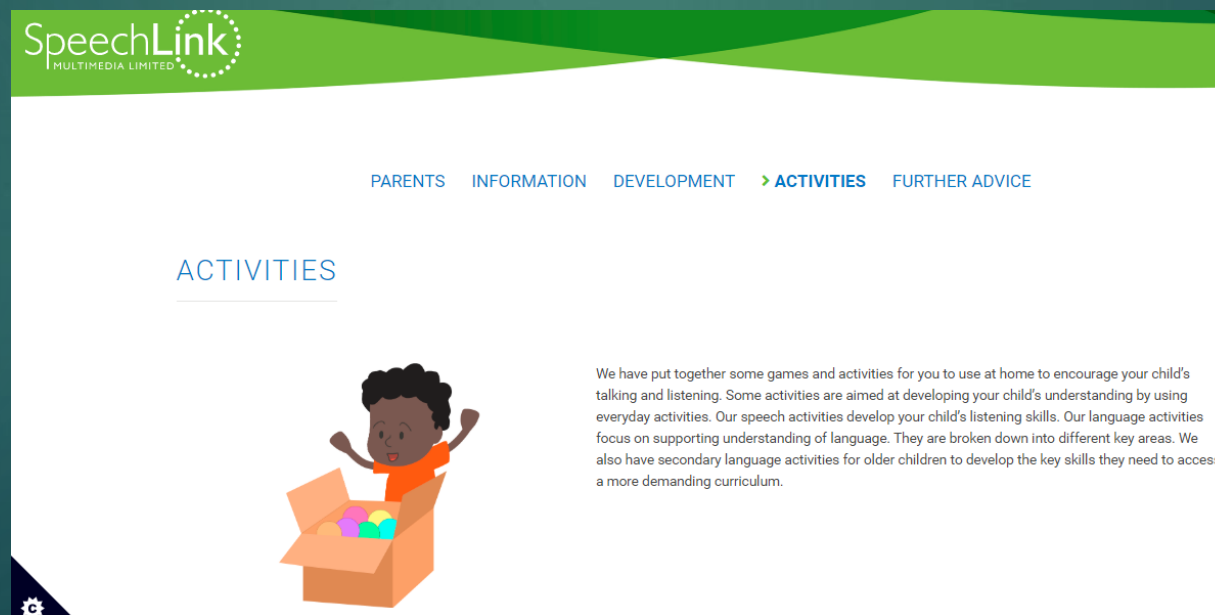


# SLCN Parent/Carer Portal

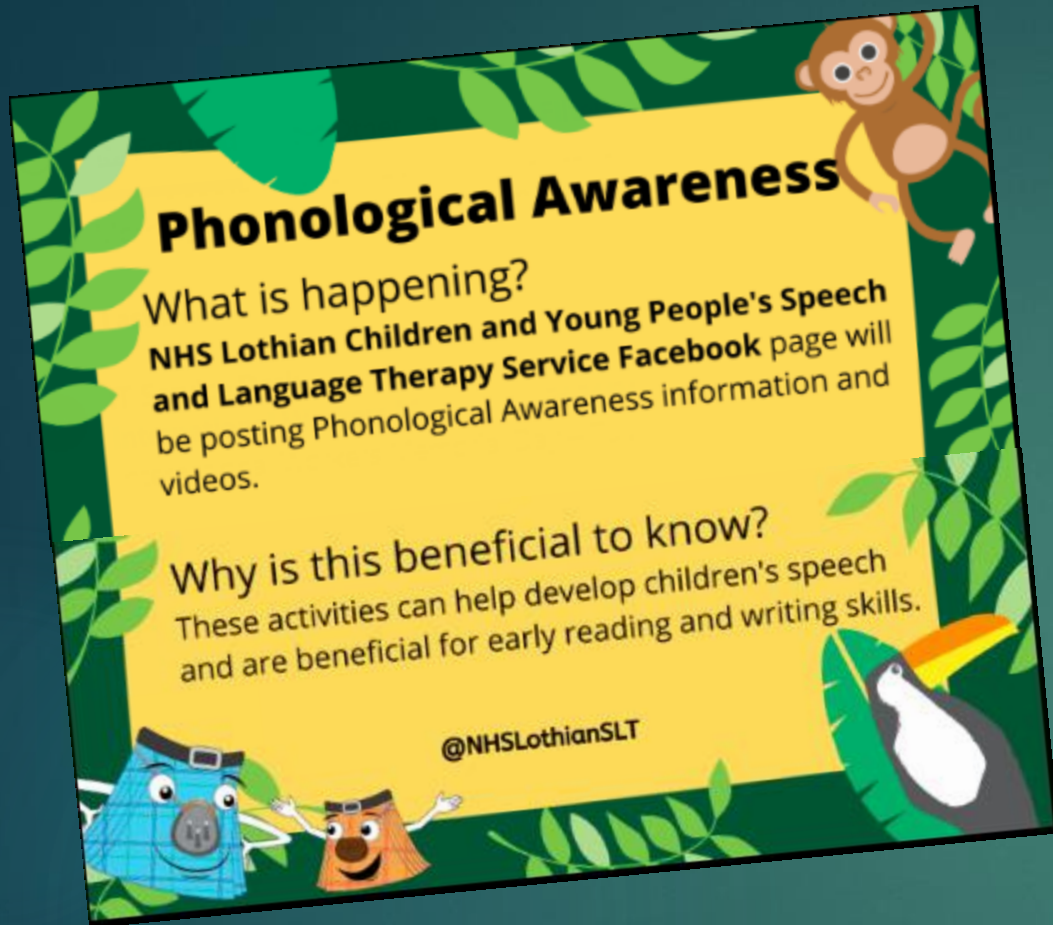
<https://speechandlanguage.info/parents>

This fantastic free resource is to help parents and carers support their child's speech and language at home. It has some helpful information about speech and language development, along with some great ideas on activities and online games which families could play.

*This resource is being updated regularly – look out for support for secondary pupils too!*



The screenshot shows the 'ACTIVITIES' page on the SpeechLink website. The page has a green header with the 'SpeechLink MULTIMEDIA LIMITED' logo. A navigation menu includes 'PARENTS', 'INFORMATION', 'DEVELOPMENT', '> ACTIVITIES', and 'FURTHER ADVICE'. The main heading is 'ACTIVITIES'. Below the heading is an illustration of a child with dark skin and curly hair, wearing an orange shirt, sitting inside an open cardboard box filled with colorful balls. To the right of the illustration is a paragraph of text: 'We have put together some games and activities for you to use at home to encourage your child's talking and listening. Some activities are aimed at developing your child's understanding by using everyday activities. Our speech activities develop your child's listening skills. Our language activities focus on supporting understanding of language. They are broken down into different key areas. We also have secondary language activities for older children to develop the key skills they need to access a more demanding curriculum.'



## Further help and advice

- **NHS Lothian Children and Young People's Speech and Language Therapy Service** has a helpful Facebook page where you can access a host of further help and advice, including videos and simple activity ideas to help boost your child's phonological awareness
- simply logon to Facebook and type in '**NHS Lothian Children and Young People's Speech and Language Therapy Service**' in the search box
- for general advice and queries you can contact the service on 07866 219 181 on Tuesdays and Thursdays between 9-5. If you were hoping to attend the Early Years drop-in before COVID-19 safety restrictions, please contact 07866 219 181 on Wednesdays between 9.30-11.30

### Other recommended websites:

<https://www.bbc.co.uk/tiny-happy-people>

<https://www.lets-talk.scot.nhs.uk/Pages/default.aspx>