



**Primary 7**  
**Residential Information**  
**Lendrick Muir 31<sup>st</sup> March – 3<sup>rd</sup> April 2020**

We have been busy organising a fantastic trip to Lendrick Muir for the P7 class. We have booked lots of activities to keep the children active and entertained. These include Team challenges - the catapult challenge and land grab, Individual Activities - adventure play park, archery, mini survival, nightline and trail bikes) and Advanced Activities including high ropes – leap of faith and king swing.

We hope that this letter provides all parents/carers with all the relevant information relating to the residential to Lendrick Muir but should you have any further queries, please contact the school office.



**Kit**

We would ask that no items of any value are brought on the trip, this includes mobile phones, gaming devices etc.

A suggested kit list provided by Lendrick Muir is detailed below. It is important that you can stay warm and dry. Please bring **OLD** clothes that you don't mind getting wet and muddy. Remember to pack appropriately for the season and to bring spare clothes. Please ensure that all clothes are labelled with your name. Please note – no football colours.

**Clothes:**

- Trousers/leggings (please note: denim jeans are not suitable)
- Long sleeved tops
- T-shirts
- Fleeces, jumpers or sweatshirts
- Socks – remember to pack spares!
- Thick socks
- Underwear – remember to pack spares!
- Pyjamas
- Clothes for evening

**Outdoor Clothing:**

- Waterproof jacket with a hood
- Waterproof trousers
- Hat, scarf and gloves (winter)
- Sun hat (summer)

**Personal Effects:**

- Wash kit/Toiletries (no spray deodorant)

- Large towel
- Hair bobbles (if you have long hair)
- Sunscreen (summer)
- Water bottle
- Labelled bin bag for dirty clothes
- Drink/Water Bottle
- Small rucksack (if you are going on a day trip)

**Footwear (pack on the top of your case so you can get them out easily when you arrive).**

- Trainers for indoors (not slippers)
- Tough outdoor shoes/boots (wellies suitable as one pair)

Whilst we would encourage you to make sure your child has ample clothing, they will be expected to move their own bag from the bus to the accommodation so please ensure they are able to carry their own bag.

***Please do not pack any medication in your child's bag as this should be handed to the teacher before departure.***

You may want to consider giving your child a list of everything you have packed so that they can check they bring everything home. **Please label all items of clothing as there is always a mountain of unclaimed clothing at the end of every trip.**

**Health, Medication and EE2**

It is very important that the School and PGL are made aware of any dietary requirements, medical conditions and medication required in advance of the residential.

Any medication brought to camp must be accompanied by the appropriate form. **If we do not have a form we cannot administer the medication.** There are different forms required depending on whether medication is prescribed or not. ***Please let us know, on the attached form, if your child will be bringing medication so that we can ensure the correct form(s) have been completed.*** Medication and forms can be handed into the office anytime from Friday, 6th March. ***Please clearly label all medication with your child's name.***

The school will provide 6+ Paracetamol Suspension, however this can only be administered if we have a completed form. Please indicate on the attached form if you would like a form for this.

We also require a fully completed **EE2 form** for every child attending. This should be completed and returned to school by Friday, 14<sup>th</sup> March.

Catering will also need to know of any **dietary requirements** e.g. vegetarian. Please advise the school as soon as possible, on the attached form, so that your child's needs can be accommodated.

**Photo Consent Forms**

Please complete the enclosed Lendrick Muir Photograph consent form. This should be completed and returned to school by Friday, 14<sup>th</sup> March.

### **Parent Guide**

We have attached the Lendrick Muir Parent Guide in the groupcall email. This provides parents with essential information about your child's trip to Lendrick Muir. Should you have any further queries, please contact the school office between the hours of 08:30am – 4:30pm (Monday to Thursday) and 08:30am – 1:00pm (Friday).

### **Behaviour**

Whilst on residential, pupils are expected to behave appropriately at all times and show respect to all school and centre staff. A **code of conduct** should be signed by parents and pupils and returned to school by Friday, 14th March.

### **Departure Day**

The coach leaves school at 09.30am on Tuesday, 31<sup>st</sup> March – Friday 3<sup>rd</sup> April. **Your child should arrive at school as normal at 8.50am for registration.**

Parents are welcome to come to the playground before the bus departs.

### **Accompanying Staff**

This year the pupils will be accompanied by Mrs Dunlop, Ms Payne, Mrs Murphy and Mrs Tracey.

### **Pocket Money**

Pupils will be allowed to visit the on-site shop on the final day to purchase any small gifts. Please send no more than £5, preferably in change, for this purpose. All money will be held by the group leaders. The school will provide a small snack and drink for the children each night.

### **Emergency Contact Number**

In the event of an emergency please contact the school on 01506 284200 between the hours of 8.30am and 4.30pm (Monday/Thursday) and 08:30am – 1:00pm (Friday). Out with these times Mrs Dunlop can be contacted on 07597295669. She will then pass any messages to staff at Lendrick Muir as appropriate.

### **Arrival Back Home**

On Friday, 3<sup>rd</sup> April the children will return to **Kirknewton Primary School** at 12:00 pm approximately. We will communicate estimated arrival times as best we can by groupcall messages.

Many Thanks,

Natalie Tracey  
Head Teacher



**Primary 7**

Child's Name \_\_\_\_\_

Please send the following medication forms. We require one form for each type of medicine – please indicate in the box how many forms you will require:

- Non prescribed medication (e.g. antihistamines, paracetamol etc.)
- Prescribed medication (e.g. brown inhalers etc.)
- Prescribed medication to be taken as required (e.g. blue inhalers etc.)

Please do not hesitate to contact the school if you are in any doubt as to which forms you will require.

My child has the following dietary requirements \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Signed \_\_\_\_\_

Date \_\_\_\_\_